



Connecticut Department of  
Environmental Protection  
Division of State Parks and  
Public Outreach  
79 Elm Street  
Hartford, CT 06106  
860-424-3200  
[www.ct.gov/dep](http://www.ct.gov/dep)

For more information visit:  
[www.NoChildLeftInside.org](http://www.NoChildLeftInside.org)



## GREAT PARK PURSUIT OUTDOOR RECREATION CHALLENGE



Connecticut State  
Parks and Forests  
Department of  
Environmental Protection



Dear Great Park Pursuit Adventurer:

Since 2006, as part of the Connecticut Department of Environmental Protection's *No Child Left Inside®* initiative, families from all across the state have discovered the exciting opportunities that abound at Connecticut's State Parks and Forests.

From birding and biking, canoeing and camping, to hiking and letterboxing we have done it all while having fun!

Consider this passport your adventure guide to Connecticut's State Parks and Forests.

It is our hope that you will embrace the Great Park Pursuit Outdoor Adventure Challenge and experience the excitement and joy of having fun outdoors, while gaining first hand knowledge and respect for nature and the world around us.

DEP Staff

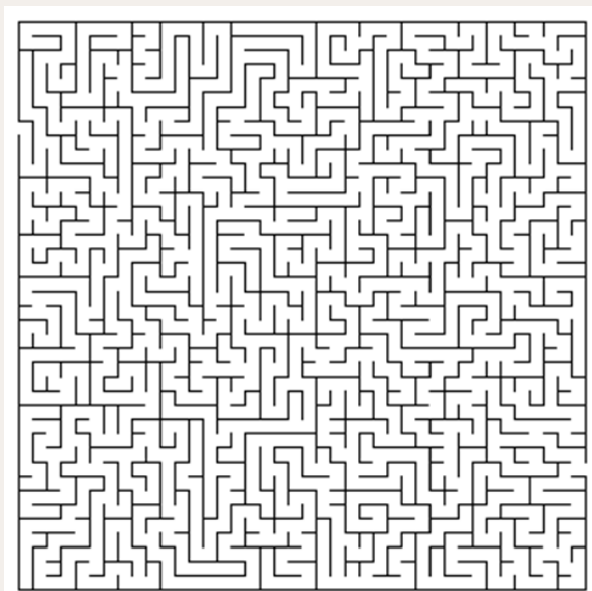
## CT State Park and Activities Word Search

K Q F G P H R S G N M G D G T  
T O X O I I W U W O N M I G N  
E I O K R I C O A I O L W H A  
X L I R M T T N X S L D A E I  
H N A M B E T O I E O M W B G  
G O I D L N B R T C M N L I G  
B N P T E R O T U O K A I N N  
G U T E E N E T N M C I I D I  
D E R T V C R A T K B E N Y P  
K K T R A I S O R A O U W G E  
W E L S P S L O B N R B L S E  
L A T H E O C L A S E T T L L  
Z L K T Y K N C E E O R S M S  
E D N A L S I D O O W R E H S  
A I R L I N E T R A I L O F D

AIRLINETRAIL	HOPEVILLE
BLACKROCK	KETTLETOWN
BURRPOND	LETTERBOXING
CANOEING	OSBORNEDALE
DINOSAUR	PICNICKING
FORTTRUMBULL	SHERWOODISLAND
GILLETTECASTLE	SLEEPINGGIANT
GOODWIN	STRATTONBROOK
HAMMONASSET	SWIMMING
HIKING	

**Great Park Pursuit Outdoor Recreation  
Challenge Maze**

Help the squirrel find its way!



My Photo

My Name:

---

My Favorite State Park:

---

My Favorite Outdoor Activity:

---

## *No Child Left Inside® Mission*

Launched in 2006, *No Child Left Inside®* is a promise to introduce children to the wonder of nature — for their own health and well-being, for the future of environmental conservation, and for the preservation of the beauty, character and communities of the great State of Connecticut.



Thank you to our partners, including:

- Connecticut Commission on Culture and Tourism
- Connecticut Department of Children and Families
- Connecticut Department of Public Health
- Connecticut Forest and Park Association
- Connecticut Library Consortium
- North Cove Outfitters
- REI
- Subway
- The Bicycle Tour Company
- The Valley Railroad Company

### **Thank You to Our Partners and Volunteers**

*No Child Left Inside®* is a statewide initiative made possible by the cooperative efforts of many organizations. With the help of our partners, we hope to connect Connecticut's families - particularly children - with the outdoors and the many recreational opportunities our parks and forests offer. Through this effort, we also hope to mold the next generation of environmental stewards for our state.

Thank you to our volunteers, including:

- Connecticut Aquatic Resources Education
- Connecticut Horse Council
- Friends of Connecticut State Parks
- Master Wildlife Conservationists
- Resources in Search and Rescue
- The Astronomical Society of New Haven, Inc.

### **No Child Left Inside® Pledge**

I pledge to defend the right of all children and every family to play in a safe outdoor environment. I will encourage and support opportunities for them to exercise their right by:

- Splashing in clean water and breathing clean air
- Digging and planting seeds in healthy soil and watching what grows
- Climbing a tree and rolling down a grassy hill
- Skipping a stone across a pond and learning to swim
- Following a trail and camping under the stars
- Catching a fish, listening to songbirds and watching an eagle in flight
- Discovering wildlife in their backyard
- Soaking in the beauty of a sunrise and sunset
- Finding a sense of place and wonder in this ecosystem we call Earth
- Becoming part of the next generation of environmental stewards.

## Our State Parks

In 1913 the Connecticut State Park Commission purchased property in Westport which later was designated as Sherwood Island State Park - Connecticut's first state park. Since that time the Connecticut State Park system has grown to encompass 139 state parks and forests.

Whether camping at a state campground, swimming at a state swim area, launching your boat at one of the 100 plus public boat launches, biking along a state park trail, letterboxing in a state forest, or hiking near a waterfall, Connecticut's vast system of state parks and forests has something to offer every outdoor enthusiast.

So get outside and enjoy all of the recreational resources and outdoor activities offered by Connecticut's state parks, forests and waterways!

## Camping Stamps

Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

---

---

Park: \_\_\_\_\_

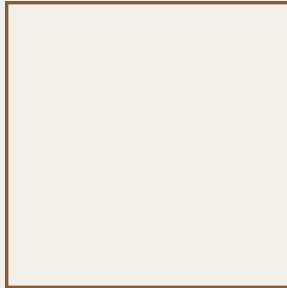
Date: \_\_\_\_\_

Memories: \_\_\_\_\_

---

---

### Camping Stamps



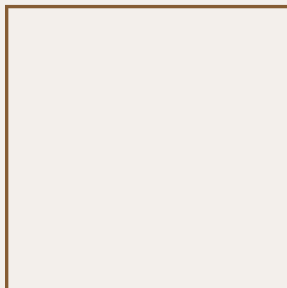
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Instructions

Use this passport as a recreational activity guide to Connecticut's State Parks and Forests.

For each recreational activity (fishing, biking, swimming, hiking, birding, camping, boating, winter activities, picnicking, letterboxing, and historic sites) we have created a "top list" of state parks and forests that offer that activity. When you visit any of the "top parks or forests" look for the Great Park Pursuit Outdoor Adventure Challenge Box located on the backside of the brown regulations board. Simply unlock the lock with the secret combination and stamp your passport. Please remember to put the cover on the inkpad and re-lock the box so that others can enjoy.

To collect the letterboxing stamps be sure to print off the clues by visiting [www.ct.gov/dep/forestry](http://www.ct.gov/dep/forestry)

Visit [www.NoChildLeftInside.org](http://www.NoChildLeftInside.org) for more instructions, including the secret combinations, and directions.

The squirrel will be looking for you!

## Pedal your way through CT's State Parks and Forests!

Whether you are looking for a flat easy bike ride or a more rigorous hilly one there are plenty of trails for your pedaling pleasure. Ranging in length from 4 miles to 108 miles you can find the ride that is perfect for you. Whizz over the Lyman Viaduct like trains did while travelling the Air Line Trail or slowly inhale the ocean air at Hammonasset Beach State Park.

Just a couple of friendly trail guidelines to keep in mind:

**Respect Other Users:** Yield the trail to hikers and horseback riders. Use courtesy and caution when approaching or overtaking others.

**Respect the Environment:** Avoid skidding your tires, it promotes trail erosion. Do not take short cuts or create new paths. Do not litter.

**Respect Closed Trails:** Trails are closed for a reason, usually environmental impact .

**Respect Your Head:** For your safety, please

## Top 11 Places to Go Camping:

- ☐ Black Rock State Park - Watertown
- ☐ Devil's Hopyard State Park - East Haddam
- ☐ Hammonasset Beach State Park - Madison
- ☐ Hopeville Pond State Park - Griswold
- ☐ Housatonic Meadows State Park - Sharon
- ☐ Kettletown State Park - Southbury
- ☐ Lake Waramaug State Park - Kent
- ☐ Macedonia Brook State Park - Kent
- ☐ Mashamoquet Brook State Park - Pomfret
- ☐ Rocky Neck State Park - East Lyme
- ☐ Salt Rock State Park Campground - Sprague

My favorite camping spot is:

---



## Let's Go Camping!

The Connecticut State Parks & Forests offers over 1,400 campsites available for your camping enjoyment. Camping areas can be found in a variety of settings including woodlands, sandy shoreline beaches, inland lakes, and secluded islands.

### Camping Essentials Checklist

Camp Chairs	Coolers & Ice
Cooking Utensils	Dinnerware
Trash Bags	Matches
Air Mattress/Sleeping Pad	Flashlights
Sleeping Bags & Pillows	Extra Batteries
Paper Towels	Rain Gear
Ground Cover or Tarp	First Aid Kit
Insect Repellent	Layered Clothing
Toiletries	Camera
Cards & Games	Sunscreen
Camping Tool/ Pocketknife	Bathing suit
Tent & Stakes (bring extra stakes!)	

To reserve a campsite please visit Reserve America at [www.ReserveAmerica.com](http://www.ReserveAmerica.com) and select Connecticut from the drop down menu.

## Top 11 Places to Go Biking:

### Family Biking

- ☐ Air Line Trail State Park - Hebron
- ☐ Hammonasset Beach State Park - Madison
- ☐ Hop River State Park & Trail - Bolton
- ☐ Larkin State Bridle Trail - Southbury
- ☐ Stratton Brook State Park - Simsbury

### Mountain Biking

- ☐ Bigelow Hollow State Park - Union
- ☐ Bluff Point State Park - Groton
- ☐ Collis P. Huntington State Park - Redding
- ☐ Gay City State Park - Hebron
- ☐ Mansfield Hollow State Park - Mansfield
- ☐ Wadsworth Falls State Park - Middletown

My favorite biking spot is:

---

### Biking Stamps



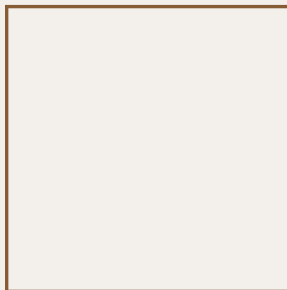
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

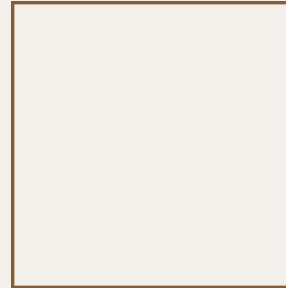
Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Swimming Stamps



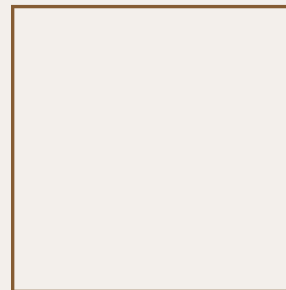
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

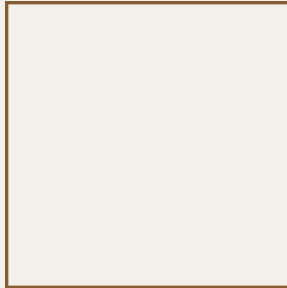
Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Swimming Stamps



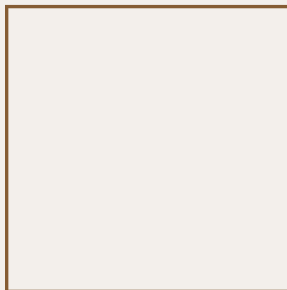
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Biking Stamps



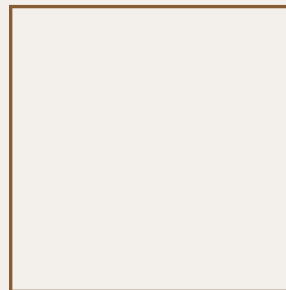
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## CT State Parks: Open Year Round!

There's no need to stay home when the temperature turns bitter - the fun continues all through the winter!

Show off your downhill skills on the skiing hills, glide across the state with a pair of ice skates, ski on cross country trails masked by snow veils, look for wildlife clues on snowshoes, or wish for a fish while forming fond memories on a frozen pond.

Just make sure to wear the right clothes for the winter air!

Tips for dressing for the cold weather:

- Mittens provide more warmth to your hands than gloves
- Most of your body heat is lost through your head so wear a hat
- Dress in layers so you can remove items if you get too warm
- Wear waterproof, insulated boots to keep your feet warm and dry

## Top 11 Places to Go Swimming:

- ☐ Black Rock State Park - Watertown
- ☐ Burr Pond State Park - Torrington
- ☐ Hammonasset Beach State Park - Madison
- ☐ Indian Well State Park - Shelton
- ☐ Mount Tom State Park - Litchfield
- ☐ Rocky Neck State Park - East Lyme
- ☐ Sherwood Island State Park - Westport
- ☐ Silver Sands State Park - Milford
- ☐ Squantz Pond State Park - New Fairfield
- ☐ Wadsworth Falls State Park - Middletown
- ☐ Wharton Brook State Park - Wallingford

My favorite swimming spot is:

---

## Let's Go Swimming!

While everyone loves to go swimming on a hot, summer day here are a couple of tips to make sure that you have a safe and fun time:

**Swim in Guarded Areas.** There are lifeguard squads at several state park beaches across the state. Our guards are trained in lifesaving techniques. Guards are typically on duty from 10 am through 6 pm daily from Memorial Day through Labor Day.

**Take a swimming lesson.** Everyone should learn to swim at any age. Knowing how to swim can help save your life. Consider signing up for a swimming class offered at your local YMCA branch or American Red Cross Chapter.

**Parents Watch your Children.** It only takes seconds for a child to drown, and this can occur silently once they've gone underwater. Please watch your children when you are in or around water.

**Be Aware of Underwater Hazards.** Natural swimming areas can have sudden drop-offs. Diving and jumping into unknown waters can be hazardous. Please be careful of these unseen dangers.

**Drink Responsibly.** Excessive alcohol consumption impairs judgment and reaction ability. This can result in serious or fatal accidents while boating or swimming. Even prescription drugs may impair judgment.

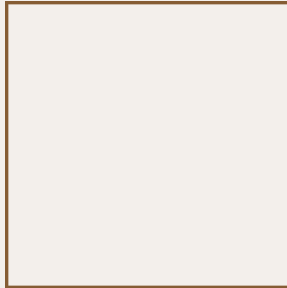
## Top 10 Places for Winter Activities:

- ☐ Fort Griswold State Park - Groton (sledding)
- ☐ George Dudley Seymour State Park - Haddam (cross country skiing)
- ☐ Haddam Meadows State Park - Haddam (cross country skiing)
- ☐ Collis P. Huntington State Park - Redding (cross country skiing)
- ☐ Mansfield Hollow State Park - Mansfield (cross country skiing)
- ☐ Natchaug State Forest - Eastford (cross country skiing)
- ☐ Osbornedale State Park - Derby (ice skating and sledding)
- ☐ Peoples State Forest - Barkhamsted (cross country skiing)
- ☐ Southford Falls State Park - Southbury (ice skating)
- ☐ Topsmead State Forest - Litchfield (cross country skiing)

My favorite winter spot is:

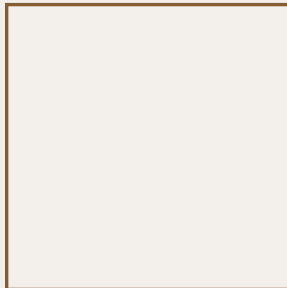
---

### Winter Activities Stamps



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

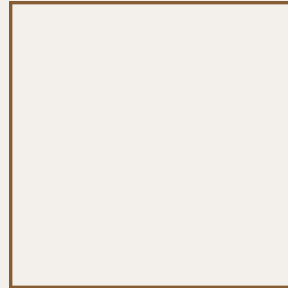
Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Boating Stamps



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

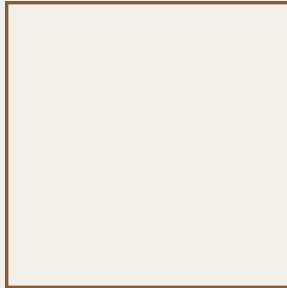
Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

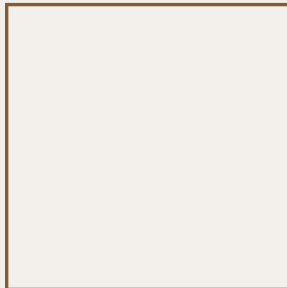
Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Boating Stamps



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

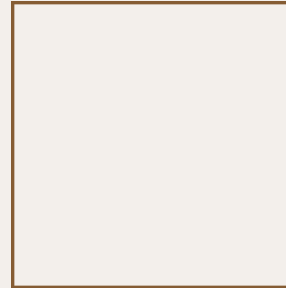
Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

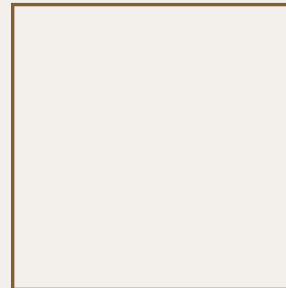
Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Winter Activities Stamps



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Looking Beyond the Trees

Letterboxing is fun and exciting. It is about the adventure of finding your way through the woods and the thrill of reaching your goal. In letterboxing, you use clever clues to visit interesting locations and collect unique stamps to mark your visit. The letterboxes that DEP's Division of Forestry have placed in CT's State Forests provide the means and inspiration for you to visit the State Forests and learn something about the state's history, wildlife, trees and, of course, the forests!

To begin letterboxing there are a few things you'll need to be successful: a unique personal stamp (either purchased or homemade), a record book to record your visits, an ink pad, a pen/pencil, and a set of clues. Otherwise, the only other thing you need is your enthusiasm!

To let the adventure begin visit [www.ct.gov/dep/forestry](http://www.ct.gov/dep/forestry) and select "Letterboxing in Connecticut Forests."

## Top 10 Places to Go Canoeing/Kayaking:

- ☐ Bigelow Hollow State Park - Union
- ☐ Bluff Point State Park - Groton
- ☐ Hopeville Pond State Park - Griswold
- ☐ Collis P. Huntington State Park - Redding
- ☐ Lake Wintergreen, West Rock Ridge State Park - Hamden
- ☐ Lake Waramaug State Park - Kent
- ☐ Mansfield Hollow State Park - Mansfield
- ☐ Mohawk Pond, Mohawk Mountain State Park - Cornwall
- ☐ Quaddick State Park - Thompson
- ☐ Uncas Pond, Nehantic State Forest - Lyme

My favorite canoeing/kayaking spot is:

---



## Boating in Connecticut

**If You Need Help, Who Will Know?** Before going on any adventure, you should always tell a responsible person: what you plan to do, where you are going, who will be with you and when you will come back. Be sure to let this person know you are home safely when you return.

**"Get It on Connecticut - Wear It!"** Always wear a life jacket. Many times a simple mistake can turn into big trouble. You never know when you may need it! *CT law requires children under the age of 13 to wear a life jacket at all times while underway unless in an enclosed cabin or below deck.*

**Take a State Certified Boating Class and Get a Boating Certificate.** Classes are geared to people ten years old and up. With parental permission and some legal restrictions, children can take a boat out by themselves. For many this creates a lifelong love and appreciation of the water.

**Be Knowledgeable.** Our websites [www.ct/dep/boating](http://www.ct/dep/boating) and [www.facebook.com/BoatingInConnecticut](http://www.facebook.com/BoatingInConnecticut) contain the latest information on boating laws, boating activities in CT and an interactive boat launch map.

## Top 10 Places to Go Letterboxing:

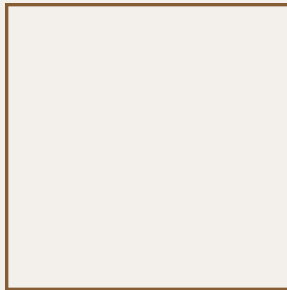
- ☐ American Legion State Forest - Barkhamsted
- ☐ James L. Goodwin State Forest - Hampton
- ☐ Mattatuck State Forest - Watertown
- ☐ Natchaug State Forest - Eastford
- ☐ Nehantic State Forest - Lyme
- ☐ Pachaug State Forest - Voluntown
- ☐ Paugnut State Forest - Torrington
- ☐ Peoples State Forest - Barkhamsted
- ☐ Quaddick State Forest - Thompson
- ☐ Topsmead State Forest - Litchfield

My favorite letterboxing spot is:

---

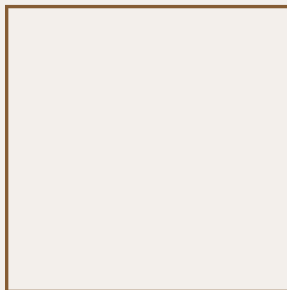


### Letterboxing Stamps



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

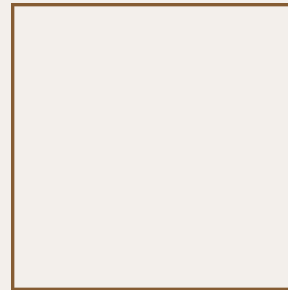
Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

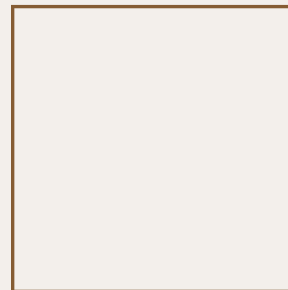
Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Historic Sites Stamps



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**Historic Sites Stamps**



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Letterboxing Stamps**



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Feathered Fun

Connecticut state parks, forests, and wildlife areas are great places to experience the colors and sounds of spring and summer.

Get up, get out, and start looking for birds. As our trees and natural areas become green and vibrant, a parade of feathered color blankets our landscape. Bluebirds, scarlet tanagers, goldfinches, snowy egrets—just their names hint at the things you can see. Here are a few tips to help you spot these feathered gems:

**Pretend you're a spy:** move quietly and slowly—you'll see many more birds and lots of other wildlife, too.

**Keep your eye on the bird:** don't grab the field guide right away. Take a minute to note size, bill shape, colors and patterns.

**Don't forget the legs:** leg color and the shape of feet and toes are important clues.

**Pretend you are at a concert:** listen to the sounds you hear and what you see around you. Some birds will even tell you their name if you listen closely.

**Play Wildlife CSI:** note what the bird is eating, what it is doing, and how it moves.

These tips will help you identify the birds you see either by using a field guide or by asking another "birder." Head outside, make some natural connections, and enjoy all the trills Connecticut has to offer.

## Top 12 Historic Sites:

- ☐ Beckley Furnace State Park - North Canaan
- ☐ Dinosaur State Park - Rocky Hill
- ☐ Fort Griswold State Park - Groton
- ☐ Fort Trumbull State Park - New London
- ☐ Gillette Castle State Park - East Haddam
- ☐ Harkness Memorial State Park - Waterford
- ☐ Osborne Homestead Museum, Osbornedale State Park - Derby
- ☐ The Stone Museum, Peoples State Forest - Barkhamsted
- ☐ Putnam Memorial State Park - Redding
- ☐ Civilian Conservation Corps Museum, Shenipsit State Forest - Stafford
- ☐ Heublein Tower, Talcott Mountain State Park - Simsbury
- ☐ Topsmead State Forest - Litchfield

My favorite historic site is:

---

## CT History Matters

In CT's historic State Parks and Forests you have the opportunity to experience a wide range of American history.

Tour the only American Revolutionary War battlefield in the state, or "Connecticut's Valley Forge," to learn about the beginnings of our nation. Climb a mountain to see the enormous tower one man built for the love of his wife. Explore the Civilian Conservation Corps Museum to learn about the birth of the State Park and Forest system during the greatest economic depression in our history. Investigate Gillette Castle to see what one man created out of his own ingenuity, wit and individuality.

Visit these historic sites and museums to learn about Connecticut's rich history and much, much more!

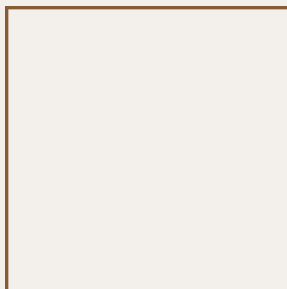
## Top 11 Places to Go Birding:

- ☐ Belding Wildlife Management Area - Vernon
- ☐ Devil's Hopyard State Park - East Haddam
- ☐ George Dudley Seymour State Park - Haddam
- ☐ James L. Goodwin State Forest - Hampton
- ☐ Hammonasset Beach State Park - Madison
- ☐ Machimoodus State Park - East Haddam
- ☐ Osbornedale State Park - Derby
- ☐ Rocky Neck State Park - East Lyme
- ☐ Sessions Woods Wildlife Management Area - Burlington
- ☐ Sherwood Island State Park - Westport
- ☐ Topsmead State Forest - Litchfield

My favorite birding spot is:

---

### Birding Stamps



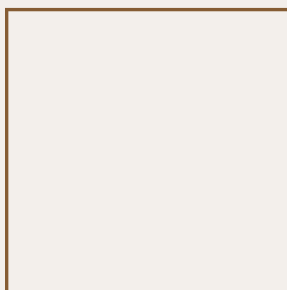
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

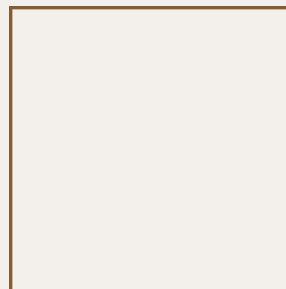
Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Picnicking Stamps



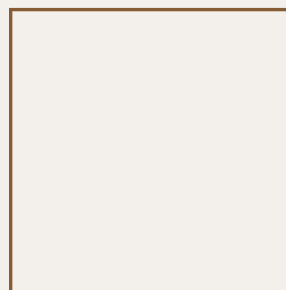
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Let's Go Hiking!

What better way to explore CT's State Parks and Forests than on foot! Whether climbing a mountain for that picturesque scenic outlook or following a meandering stream to discover the magnificent waterfall that awaits you hiking provides you with the opportunity to discover our state's magnificent natural resources.

Below are 12 essentials for a safe and enjoyable hike:

- Extra clothing and sturdy footwear
- Food and water
- Trail map and compass
- First-aid kit, sunscreen, and insect repellent
- Whistle and cell phone
- Field Guide(s)
- Binoculars
- A family member and/or friend
- Camera
- Hiking stick/trekking poles
- Magnifying glass or hand lens
- Flashlight

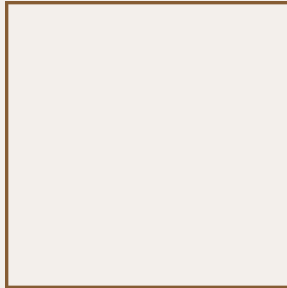
## Top 11 Places to Go Picnicking:

- ☐ Bigelow Hollow State Park - Union
- ☐ Bluff Point State Park - Groton
- ☐ Chatfield Hollow State Park - Killingworth
- ☐ Devil's Hopyard State Park - East Haddam
- ☐ Gay City State Park - Hebron
- ☐ Hopeville Pond State Park - Griswold
- ☐ Housatonic Meadows State Park - Sharon
- ☐ Lake Waramaug State Park - Kent
- ☐ Pachaug State Forest - Voluntown
- ☐ Squantz Pond State Park - New Fairfield
- ☐ Stratton Brook State Park - Simsbury

My favorite picnicking spot is:

---

### Picnicking Stamps



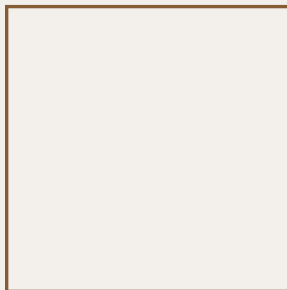
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

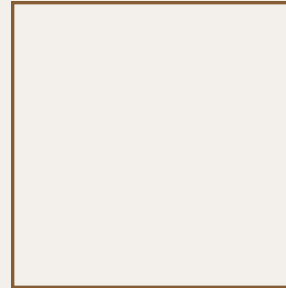
Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Birding Stamps



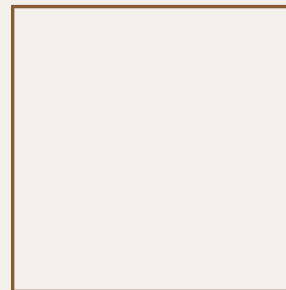
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



### Picnicking in CT State Parks & Forests

A picnic basket with some of your favorite foods, a blanket, a few friends or family and the great outdoors is all you really need to enjoy a picnic.

A picnic is defined as a pleasure excursion at which a meal is eaten outdoors, ideally taking place in a beautiful landscape such as a park, beside a lake, or with an interesting view.

Many, but not all, of the State Parks include a grill and a picnic table, so be prepared to put your blanket on the ground and spread out all your favorite foods on the blanket. Prepare (wash your hands), safely pack your food (keep cold foods cold and hot foods hot) and bring a water bottle, especially if biking and hiking. Try to pack everything in reusable containers so you can carry out what you have carried in, including your trash!

You may have some special visitors, such as ants. Remember, before you step on them, ants were around when dinosaurs roamed the earth and they are social creatures that work together and communicate - definitely worth the time to take a moment to observe.

### Top 10 Places to Go Hiking:

- ☐ Bigelow Hollow State Park - Union
- ☐ Gay City State Park - Hebron
- ☐ Housatonic State Forest - Sharon
- ☐ Kettletown State Park - Southbury
- ☐ Mashamoquet State Park - Pomfret
- ☐ Millers Pond State Park - Durham
- ☐ Pachaug State Forest - Voluntown
- ☐ Peoples State Forest - Barkhamsted
- ☐ Salmon River State Forest - Colchester
- ☐ Sleeping Giant State Park - Hamden

My favorite hiking spot is:

---

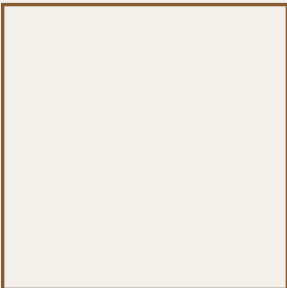


**Hiking Stamps**



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Fishing Stamps**



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

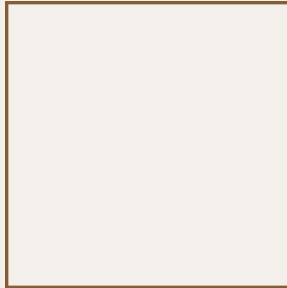
Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Park: \_\_\_\_\_  
Date: \_\_\_\_\_

Memories: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Fishing Stamps



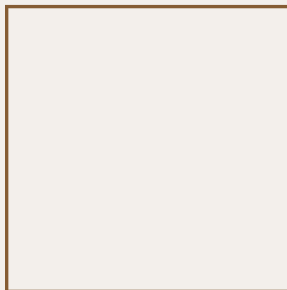
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

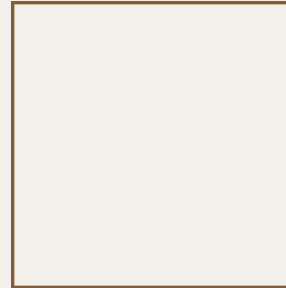
Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Hiking Stamps



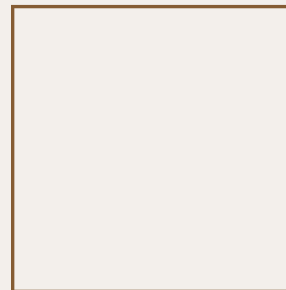
Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Park: \_\_\_\_\_

Date: \_\_\_\_\_

Memories: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Let's Go Fishing!

What better way to spend quality time with family and friends than relaxing outside while **FISHING** in one of CT's State Parks. Fishing is a great way to relieve the stress of everyday life!

Along with the beautiful scenery and wildlife you may encounter, many parks offer the best trout fishing in the state. In fact, several water bodies found in our states parks have been designated DEP Trout Parks. These Trout Parks are located throughout the state. You will find easily accessible areas that are stocked very frequently with trout from state fish hatcheries to enhance success for novice anglers.

Each year, thousands of citizens take advantage of free Family Fishing courses offered by the Connecticut Aquatic Resources Education (CARE) program. For a list of upcoming CARE classes and/or to purchase a fishing license please visit [www.ct.gov/dep/fishing](http://www.ct.gov/dep/fishing)

## Top 13 Places to Go Fishing:

- ☐ Black Rock State Park - Watertown\*
- ☐ Burr Pond State Park - Torrington
- ☐ Chatfield Hollow State Park - Killingworth\*
- ☐ Day Pond State Park - Colchester
- ☐ Hopeville Pond State Park - Griswold
- ☐ Collis P. Huntington State Park - Redding
- ☐ Lake Wintergreen, West Rock Ridge State Park - Hamden
- ☐ Mansfield Hollow State Park - Mansfield
- ☐ Mount Tom State Park - Litchfield
- ☐ Quaddick State Park - Thompson
- ☐ Southford Falls State Park -Southbury\*
- ☐ Stratton Brook State Park - Simsbury\*
- ☐ Wharton Brook State Park - Wallingford

My favorite fishing spot is:

---

\* Trout Park